

BECKER EDUCATION & ENGAGEMENT DAY

SATURDAY • SEPTEMBER 27TH • 2025

ST. LOUIS, MO

**The Day's Agenda
9AM - 6PM**

BECKER MUSCULAR DYSTROPHY CARE

9:00-12:00pm

Welcome Remarks 9:00am

9:05-9:45am • Becker Overview & Care Providers

Aravindhan Veerapandian, MD
Arun Varadachary, MD, PhD

9:45-10:20am • Cardiac Screening and Care in Becker

Andreas Barth, MD, PhD

10:20-10:45am • Building your Becker Care: Panel

Aravindhan Veerapandian, MD
Arun Varadachary, MD, PhD
Andreas Barth, MD, PhD
Patient Panel: Greg Willett

Break 10:45-11am

11:00-11:25am • Occupational Therapy: Addressing Activities of Daily Living

Lauren Litwiller, MOT, OTR/L

11:25-11:50am • Physical Therapy: Movement and Exercise

Donovan Lott, PT, PhD, CSCS

11:50-12:00pm • OT & PT Panel

Lauren Litwiller, MOT, OTR/L
Donovan Lott, PT, PhD, CSCS

BECKER RESEARCH LANDSCAPE

12:00-12:30pm

12:00-12:30pm • Becker Clinical Trials and Research

Arun Varadachary, MD, PhD

Lunch: 12:30 – 1:30PM

Afternoon sessions resume at 1:30pm.

LIVING WITH BECKER

1:30-4:30pm

1:30-2:20pm • Navigating Life with Becker: Panel

Christina Trout, RN, MSN
Ben Thompson, LMFT
Patient Panel: Greg Willett
Kevin Barnes

Break 2:20-2:30pm (*Make your way to your selected track*)

Adult Track

Location: Grand Ballroom D

2:30-3:10pm • Relationships & Communication: Panel

Ben Thompson, LMFT
Patient Panel: Ronald Hutchinson
John Tessmer
Andrew Tessmer
Alex Tessmer

3:10-3:45pm • Changing the Narrative Around Independence & Equipment: Panel

Ben Thompson, LMFT
Patient Panel: Kevin Barnes
Greg Willett
Ronald Hutchinson

3:45-4:10pm • Employment & Financial Planning

Lori Becker, MBA

Pediatric Track

Location: Grand Ballroom ABC

2:30-3:10pm • Transition from Pediatric to Adult Care: Provider Panel

Aravindhan Veerapandian, MD
Christina Trout, RN, MSN

3:10-3:45pm • Caregiver Panel: Parenting a Child Living with Becker

Christina Trout, RN, MSN
Panel: Tina Campbell
Bina Oza Trivedi
Ginger Edwards

3:45-4:10pm • School Resources

Natalie McCarthy

Break 4:10-4:15pm (*Make your way back to the main session room*)

4:15-4:25pm • Building a Becker Community

Alexis Hazlett

4:25-4:30pm • Closing Remarks

RECEPTION: 4:30 - 6:00PM