

# BECKER EDUCATION & ENGAGEMENT DAY

SATURDAY • SEPTEMBER 27<sup>TH</sup> • 2025

## SEATTLE, WA

**The Day's Agenda  
9AM - 6PM**

### BECKER MUSCULAR DYSTROPHY CARE

**9:00-12:00pm**

#### Welcome Remarks 9:00am

9:05-9:45am • Becker Overview & Care Providers

Nassim Rad, MD  
Dan Hurwitz, MD

9:45-10:20am • Cardiac Screening and Care in Becker

David Owens, MD

10:20-10:45am • Building your Becker Care: Panel

Nassim Rad, MD  
Dan Hurwitz, MD  
David Owens, MD

Patient Panel: Robert Warda  
Jay Larson

#### Break 10:45-11:00am

11:00-11:25am • Occupational Therapy: Addressing Activities of Daily Living

April Trenaman, OTR/L

11:25-11:50am • Physical Therapy: Movement and Exercise

Kirsten Zilke, PT, DPT

11:50-12:00pm • OT & PT Panel

April Trenaman, OTR/L  
Kirsten Zilke, PT, DPT

### BECKER RESEARCH LANDSCAPE

**12:00-12:30pm**

12:00-12:30pm • Becker Clinical Trials and Research

Bill Rooney, PhD

**Lunch: 12:30 – 1:30PM**

*Afternoon sessions resume at 1:30pm.*

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### LIVING WITH BECKER

1:30-4:30pm

1:30-2:20pm • Navigating Life with Becker: Panel

Bill Rooney, PhD

Patient Panel: Elias Bracamonte  
Aman Sharma  
Robert Warda

**Break 2:20-2:30pm** (Make your way to your selected track)

#### Adult Track

Location: Regency ABCD

2:30-3:10pm • Relationships & Communication: Panel

Julia Fram, MD

Patient Panel: Elias Bracamonte  
Jay Larson

3:10-3:45pm • Changing the Narrative Around Independence & Equipment: Panel

Julia Fram, MD

Patient Panel: Robert Warda

3:45-4:10pm • Employment & Financial Planning

Shannon Wood

#### Pediatric Track

Location: Regency EFG

2:30-3:10pm • Transition from Pediatric to Adult Care: Provider Panel

Dan Hurwitz, MD

Kara Smith, RN, BSN, CRRN  
WenPei Ridenour, RN, BSN

3:10-3:45pm • Caregiver Panel: Parenting a Child Living with Becker

Kara Smith, RN, BSN, CRRN  
Panel: Megan Nelson  
Tate Nelson  
Jessica Schumacher

3:45-4:10pm • School Resources

Jill Anne Castle, M.Ed

**Break 4:10-4:15pm** (Make your way back to the main session room)

4:15-4:25pm • Building a Becker Community

Nassim Rad, MD

4:25-4:30pm • Closing Remarks

**RECEPTION: 4:30 – 6:00PM**