

# BECKER EDUCATION & ENGAGEMENT DAY

SATURDAY • SEPTEMBER 27<sup>TH</sup> • 2025

## PHILADELPHIA, PA

**The Day's Agenda  
9AM - 6PM**

### BECKER MUSCULAR DYSTROPHY CARE

9:00-12:00pm

#### Welcome Remarks 9:00am

9:05-9:45am • Becker Overview & Care Providers

John Brandsema, MD  
Paula Clemens, MD  
Colin Quinn, MD

9:45-10:20am • Cardiac Screening and Care in Becker

Teresa Wang, MD

10:20-10:45am • Building your Becker Care: Panel

John Brandsema, MD  
Paula Clemens, MD  
Teresa Wang, MD  
Colin Quinn, MD  
Patient Panel: Nevin Steiner

#### Break 10:45-11am

11:00-11:25am • Occupational Therapy: Addressing Activities of Daily Living

Allyson Wong, OTRL, OTD, MPH

11:25-11:50am • Physical Therapy: Movement and Exercise

Mallory Gardner, PT, DPT, PCS

11:50-12:00pm • OT & PT Panel

Allyson Wong, OTRL, OTD, MPH  
Mallory Gardner, PT, DPT, PCS

### BECKER RESEARCH LANDSCAPE

12:00-12:30pm

12:00-12:30pm • Becker Clinical Trials and Research

Paula Clemens, MD

**Lunch: 12:30 – 1:30PM**

*Afternoon sessions resume at 1:30pm.*

**PHILADELPHIA, PA**  
**The Day's Agenda**

**LIVING WITH BECKER**

**1:30-4:30pm**

**1:30-2:20pm** • Navigating Life with Becker: Patient Panel

Patient Panel: Nevin Steiner  
Jess Westman  
Pat Cusick

**Break 2:20-2:30pm** (*Make your way to your selected track*)

**Adult Track**

**Location: Washington Room**

**2:30-3:10pm** • Relationships & Communication: Panel

Areti Vassilopoulos, PhD  
Patient Panel: Pat Cusick  
Steve Werniscki  
Melissa Werniscki

**3:10-3:45pm** • Changing the Narrative Around Independence & Equipment: Panel

Areti Vassilopoulos, PhD  
Patient Panel: Nevin Steiner  
Steve Werniscki

**3:45-4:10pm** • Employment & Financial Planning

Bruce Sham, CLF

**Pediatric Track**

**Location: Congress ABC**

**2:30-3:10pm** • Transition from Pediatric to Adult Care: Provider Panel

John Brandsema, MD  
Paula Clemens, MD  
Julianne Meiser, MSS, LCSW  
Colin Quinn, MD

**3:10-3:45pm** • Caregiver Panel: Parenting a Child Living with Becker

Julianne Meiser, MSS, LCSW  
Panel: Kristen Cooper  
Dylan Cooper  
Jess Westman

**3:45-4:10pm** • School Resources

Annie Tulkin, MS

**Break 4:10-4:15pm** (*Make your way back to the main session room*)

**4:15-4:25pm** • Building a Becker Community

Nevin Steiner  
Pat Cusick

**4:25-4:30pm** • Closing Remarks

**RECEPTION: 4:30 – 6:00PM**